Resilient Cities in Ageing Societies
Toyama City, October 2014

Lisbon Resilient Strategies

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Context

547,733 inhabitants

44 years old average age

24% with +65 years old (19% in Portugal)

85,000 live alone

Per 100 children and youth - 186 senior citizens
Economic Crisis 2008 – 2017

Number of unemployed people in Lisbon = 33.950 (+107% between 2008 and 2014)

GDP per capita =16.372,4€ (- 4% between 2010 and 2013)

National Minimum Wage = 485€

Average Retirement Age = 60,9 years old

Number of Pensioners = 462.446 (+2% between 2011 and 2012)

Average Value of granted retirement pensions = 344€ (- 2,3% between 2011 e 2012)

According to Help Age International, it will be the third most aged country (40,8%) right after Japan and South Korea, in 2050
Responsibility

Central Government
- Social Security
- Health
- Public Transportation

Local Government
- Housing
- Civil Protection
- Planning

Shared
- Local Support
Lisbon Resilient Strategies
Political Commitment

“More People, More Jobs, Better City”
Closer; Entrepreneurial; Inclusive; Sustainable; Global
Inclusive Lisbon

Social Rights

Right to Housing

Right to Education

Right for Health, Welfare and Sport

Solidary, cohesive and inter-generational City

Equality

Equity

Cohesion

Health

Solidary and Intergenerational

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Governance Model

**PARTICIPATION**
(To create conditions for others to do it …)

**COHESION**
(To do with others…)

**INTERVENTION**
(To do for others…)

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## Intervention Areas for Social Rights

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Global Strategy for Lisbon

**Municipal Master Plan (2012/2022)**
- Urban Rehabilitation; Energy Efficiency,
  - Green Areas

**New Urban Mobility Policy (2014/2020)**
- Restructuring of the Transportation System;
  - Soft Modes; Car Restriction

**Pedestrian Accessibility Plan (2013/2017)**
- Walkability; Adapting of Public Equipment
Transversal Programs

Social Rights
   Social Development Community Plan

Housing
   Priority Programs to Vulnerable Population
   Assisted Housing

Urban Rehabilitation
   Tax Reduction; Energy Efficiency, Support

Economy and Innovation
   Social Innovation Clusters

Civil Protection
   Social Vulnerabilities Planning

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Goals for Active Aging

Promote the Autonomy of Senior Citizens

Support mobility and prevent loneliness
Develop Strategies to fight social risk situations

Boost Conditions for Political, Cultural and Social Participation of Senior Citizens

Promote the participation at decision making processes
Value learning throughout the life
Stimulate volunteering
Strategic Plan for Aging

Charter of Principles for Aging Lisbon

Intervention Plan for Aging
  Global Strategy of Lisbon Social Network

City Plan for Health and Life Quality
  Inter-Departmental Strategy

Health Equipment Chart

Georeferenced Social Chart

Sports and Physical Activity Chart
Aging Programs

Social Intervention and City Support Nucleus

Priority Intervention Team 24h/24h by Civil Protection

Communitarian Police Patrolling

Monitoring, Awareness and Alert Program by Local Police

Seniors Direct Support

Community Centres, Caretakers Support

Seniors Remote Support

SÓS phone emergency line and tele assistance

Housing

House Adaptation and Repairs

Lisbon Resilient Strategies
Aging Programs

Senior Volunteering
  Training Volunteering Database

Seniors Activities
  Culture, Sport, Senior Academies

Awareness and Qualification of Elder People
  Intergeneration Campaigns, Retirement Preparation

Participation
  Associative Support, Senior Citizens Municipal Council

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Câmara Municipal
lisboa

http://lisboasolidaria.cm-lisboa.pt/

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